

# Hungarian Pumi Club of America

www.pumiclub.org



## President's Message

Everyone is gearing up for Pumifest! So far we have 60 people signed up to attend – probably a record number. The entries for agility, rally, obedience, and conformation closed on September 30th. The herding trial and tests closes October 7. An overall schedule is later in this newsletter. The official judging schedules will be posted as soon as we can after entries close. This will

be our biggest and best Pumifest yet! And save this same weekend in 2016 for Pumifest in Tyler, Texas. Stacy Lehman has been working very hard to get all the details figured out and she'll have more information at this year's Pumifest.

Your Board of Directors has been working on making the changes to our Constitution and Bylaws as recommended by AKC. Last month it was sent to AKC for a final review and after it's approved by them, the club members will need to vote on it. The vote will be via snail mail so we'll let everyone know when the ballots will go out. We need to have a 2/3rds affirmative vote (of the ballots returned) to accept the new version. The main change is allowing electronic balloting (it's complicated, so it may take a while to actually implement), and moving the Annual Meeting to the fall to be in line with Pumifest which has switched to the fall season.

Please note the article on electronic communications in this issue. This is not quite the same thing as electronic balloting. Electronic communications covers what we've been doing since the club was formed – emailing notifications and the newsletter to the membership. AKC requires that we ask each club member

## Upcoming Events

**October 15-18, 2015**

Pumifest, Wilmington OH

## Important Announcement

From the AKC Board minutes posted 9/21/2015:

Pumi Eligibility to Compete in the Herding Group: The Board VOTED to approve the Standard submitted by the Hungarian Pumi Club of America (HPCA) as the official standard of the breed. The Pumi will be eligible to compete in the Herding Group July 1, 2016. The breed will be moved from the Foundation Stock Service into the Stud Book of the American Kennel Club on June 29, 2016.

whether they want to receive electronic or snail mail communications. There's a form to fill out and (snail) mail in, in this issue, and there will be forms at Pumifest, too, so if you're attending you can fill out and hand in your form there.

We've also been working on a new club website. HPCA member Demelza Van der Lans from The Netherlands has been a tremendous helping us set up the format in WordPress. Using WordPress should allow designated members to update web content in a fairly easy manner. Most of the important information has been transferred to the test site, but the historical information still needs to be done. There will also be a club members only section (not yet implemented). You can see the beginnings of this new site at <http://pmsc2org.ipage.com/wp/>. We need club members to supply photos to help the public get a view of our great Pumik in action and in repose. Please see the request later in this issue.

AKC's Club Relations Department reviewed our submission to them documenting all our activities, shows, AKC licensed events (obedience, rally, & herding), and our procedures (documented by minutes of meetings) and has approved us to be licensed by them when we get regular status. With some quick maneuvering, it means that our 2016 Pumifest will have an AKC licensed national specialty show!

Lots of changes are in store for us in the coming year as we gear up to receiving full AKC status. There's been some concern about the potential for handlers to start blowing the coat dry and sculpting them. Your Board is also very concerned about it, and we're planning a campaign as we get closer to July 1 to make sure that judges, handlers, and exhibitors are aware that this is not an acceptable way of grooming the dogs. We've had some conversations with the Lagotto Romagnolo and Spanish Water Dog parent clubs about taking out some ads in the dog magazines to convey how important it is to us and our breeds.

I wish everyone could come to Pumifest, but for those who aren't able to make it this year, I'm sure there will be lots of Facebook postings. For those who are coming, we'll see you there!

- Chris

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## Help Wanted

### Pumifest

**Registration** – we can use some help checking in people and handing out their welcome bag and nametag.

**Videographer** – would like to have someone video the national specialty show.

**Helpers!** we can always use help. Feel free to report in for duty to Chris Levy or the Chair of the event if you'd like to help.

**Grounds** – all HPCA members are automatically a part of the Grounds Committee. Please pick up after yourself and assist any setups or takedown when needed.

### Newsletter Statistician

Find top rankings in various events (e.g. agility, obedience, conformation) and compile the list of top-ranking dogs to publish in the newsletter. This can be obtained from AKC or from various publications. This is a new job and the person will need to figure out the best way to portray this information.

## Electronic Communication

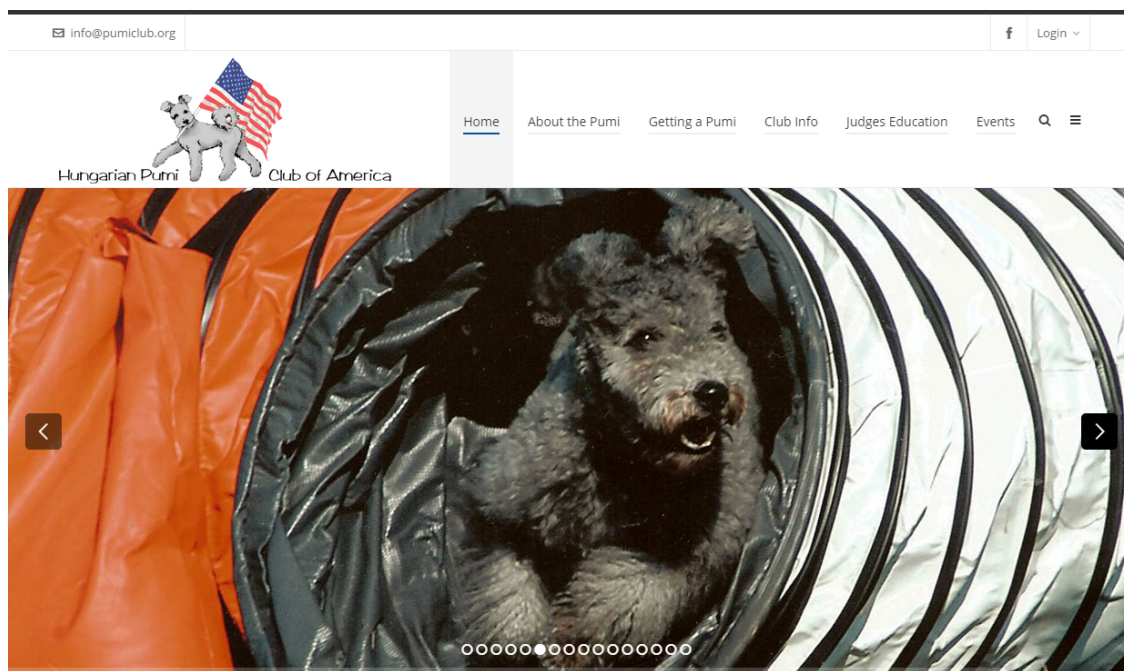
A ruling from AKC has said that “Clubs may send members notification of club meetings (also included would be dues notices; minutes and newsletters) and board members notification of board meetings via email, provided that:

The member or board member has signed an authorization agreeing to this method of communication. Such authorization, which is revocable, will also release the club from any liability should the notification be received late or not received by the member or board member due to circumstances beyond the club’s control.”

This means that in order send electronic communication (i.e. email) to members (which we’ve been doing since we formed in 2005), we must have an authorization on file. An authorization form has been developed and is on the following page. Please print this off, indicate your choice, and snail mail or email it back to Karen Tria, HPCA Secretary. Her address is on the form. We need every single member to do this, and if you don’t, the default is snail mail so your Secretary will have to send you all official HPCA communications via snail mail. And if you don’t fill it out, we’ll be bugging you to do it!

## Web Site Photos

We have a new web site under development and are seeking great shots of Pumik doing cool things for the various pages. The photos for all but the main page can be low resolution (72 dpi). The main page has what they call a “slider” that shows different



photos every few seconds. These photos need to be 300 dpi and a size of 1263 x 540 pixels. Please send photos to webmaster Chris Levy at [chris@abiquadogs.com](mailto:chris@abiquadogs.com). Photos will be selected based on relevance to the particular spot where they’re needed. You can preview it on the test location at <http://pmsc2org.ipage.com/wp/>. Not everything will be up to date here, but it will give you an idea of how it will look.

## Top 10 Agility Training Tips for Pumi

By Stacy Lehman

Training and working with Pumi is a privilege. They love to work for their shepherd and they love a good game. For me, agility is my sport I enjoy the most with my Pumi. Here are my 10 favorite tips for training. I have not listed them in any particular order. I'm sure many of you have your own set of training tips too, and can even add on to my list. Enjoy! Happy training!

1. MAP....regardless of the training method or methods you are using, they all use M=motion; A=arm; and P= your position. Keep MAP in your head when working with your Pumi.
2. Be clear and be consistent with your cues. Do not "muddle" it up by changing your cues. Stick with your cueing system.
3. When working or training weaves...reward, reward, reward. I reward 90% of the time with a toy. You need to remember to use that reward line. The reward line keeps your dog's head down and driving to the end of the weaves.
4. Hiking, running up and down hills, walks, swimming, and tricks for core strength are important. Mix up your days of training with these conditioning ideas.
5. Train with a good positive mental vibe....do not train if you're stressed or not feeling ready yourself mentally. Your Pumi will be sensitive to your mood. Keep it light and fun the whole time you're training.
6. Do not repeat drills over and over again...2-3 times are enough. If you over work a drill, your Pumi will think something is not going right and will become slower or demotivated.
7. If you're running a sequence and you've mis-cued your dog, and the mistake was yours, keep moving forward! Probably your Pumi would have either run past a jump, dropped a bar, or refused an obstacle, do not stop! Keep running and going forward and "fake it". Reward the drive and speed. Return back to the sequence or drill and try again. If the mistake was yours, do not say "oops" or sigh loudly...your Pumi will become demotivated and think the mistake was his. Just return to the sequence without your Pumi knowing a mistake happened. You want to keep the drive and enthusiasm in your dog. If the mistake was your Pumi's mistake, still do not say "oops", do not say "no", do not sigh loudly or become agitated. Stay upbeat and retrain.
8. Go to your training session with a plan. Do not randomly run obstacles.
9. Break up your training sessions with a game of ball, frisbee, tricks, water hose, swimming, or relaxation. Do not train in long sessions.
10. Be quick with your rewards. A Pumi loves fun and to have a job. They love a good game too! Reward quickly and with enthusiasm! Your Pumi will work harder for his reward and to please his shepherd...You!

## Do the Dew (claws)?

By M. Christine Zink DVM, PhD, DACVSMR

I work exclusively with canine athletes, developing rehabilitation programs for injured dogs or dogs that required surgery as a result of performance-related injuries. I have seen many dogs now, especially field trial/hunt test and agility dogs, that have had chronic carpal arthritis, frequently so severe that they have to be retired or at least carefully managed for the rest of their careers. Of the over 30 dogs I have seen with carpal arthritis, only one has had dewclaws.

If you look at an anatomy book (Miller's Guide to the Anatomy of Dogs is an excellent one – see Figure 1 below) you will see that there are 2 major, functioning tendons attached to the dewclaw. Of course, at the other end of a tendon is a muscle, and that means that if you cut off the dewclaws, there are major muscle bundles that will become atrophied from disuse.

*Figure 1 Anatomical diagram viewing the medial side of a dog's left front leg demonstrating the five tendons that attach to the dewclaw.*



*Figure 2 In this galloping dog, the dewclaw is in touch with the ground. If the dog then needs to turn to the right, the dewclaw digs into the ground to support the lower leg and prevent torque. --from Miller's Guide to the Dissection of the Dog*

Those muscles indicate that the dewclaws have a function. That function is to prevent torque on the leg. Each time the foot lands on the ground, particularly when the dog is cantering or galloping (see Figure 2), the dewclaw is in touch with the ground. If the dog then needs to turn, the dewclaw digs into the ground to support the lower leg and prevent torque. If the dog doesn't have a dewclaw, the leg twists. A lifetime of that and the result can be carpal arthritis, or perhaps injuries to other joints, such as the elbow, shoulder and toes. Remember: the dog is doing the activity regardless, and the pressures on the leg have to go somewhere.

Perhaps you are thinking, "None of my dogs have ever had carpal pain or arthritis." Well, we need to remember that dogs, by their very nature, do not tell us about mild to moderate pain. If a dog was to be asked by an emergency room nurse to give the level of his pain on a scale from 0 to 10, with 10 being the worst, their scale would be 0, 0, 0, 0, 0, 6, 7, 8, 9, 10. Most of our dogs, especially if they deal with pain that is of gradual onset, just deal with it and don't complain unless it is excruciating. But when I palpate the carpal joints of older dogs without dewclaws, I frequently can elicit pain with relatively minimal manipulation.

As to the possibility of injuries to dew claws. Most veterinarians will say that such injuries actually are not very common at all. And if they do occur, then they are dealt with like any other injury. In my opinion, it is far better to deal with an injury than to cut the dew claws off of all dogs "just in case."

## With A Flick of the Wrist

By Chris Zink, DVM, PhD

(as seen in Dogs In Canada – September 2003)

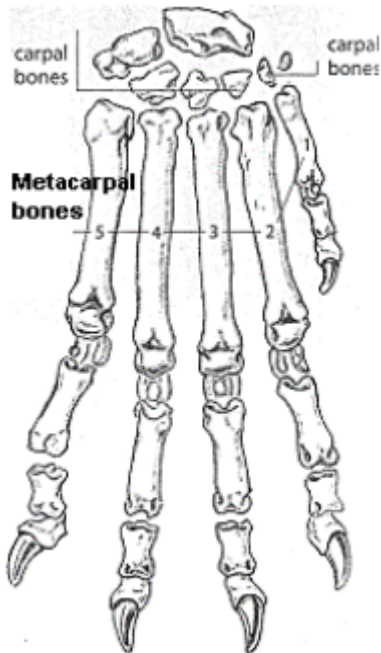
In the hundreds of agility trials I have attended over the years, only rarely have I seen a dog suffer an acute, serious injury. An exception happened in early May this year. I was relaxing at ringside, enjoying one of the rare rain free moments this spring offered, watching a bi-black Sheltie named 'Shadow' negotiate the Open Jumpers course with smooth abandon. Suddenly the dog took a misstep, completely misjudged where he should take off, and crashed into the jump. As he fell, his front legs landed on the fallen jump bars, and he immediately let out an agonized scream. He was still crying as he was carried out of the ring. I ran over to help and examined the dog in a shady area some distance from the ring.

Shadow's left front leg was extremely painful and he held it stiffly away from his body. In a few minutes he had relaxed enough for me to determine that there were no major bone breaks. In fact, the main problem appeared to be a severe sprain of the carpus (wrist). Later X-rays not only confirmed my finding, but interestingly showed that the dog had preexisting arthritic changes in the carpal joints of both front legs. Thus, although this dog did have an acute agility injury, he had chronic problems, too. In fact, it is possible that the arthritis contributed to his lack of coordination in approaching the jump.

Once Shadow was on the mend, his human teammate had many questions for me. How common is carpal arthritis in performance dogs? How painful is carpal arthritis and what can be done to relieve the pain? Will Shadow still be able to play agility, obedience and other fun doggie games? Since carpal arthritis is quite common, I thought I would share the answers in this column.

In the last several years, while doing sports-medicine consultations for performance dogs across Canada and the United States, I have seen many canine athletes with carpal arthritis. Interestingly, this condition is much more common in dogs that have had their front dewclaws removed.

To understand why, it is helpful to understand the structure of the carpus. This joint consists of seven bones that fit together like fieldstones that are used to build the walls of a house (Figure 1).



*Figure 1 The seven carpal bones fit together like fieldstones in a wall.*

The carpus joins to the radius and ulna bones (equivalent to our lower arm) above, and to the metacarpal bones (equivalent to our hand). Each bone of the carpus has a convex or concave side that matches a curve on the adjacent bone. Unlike the bones of the elbow, for example (Figure 2), the bones of the carpus do not have ridges that slide into interlocking grooves on the adjacent bone. The relatively loose fit of the carpal bones is supported by ligaments that join each of the carpal bones to the adjacent bones. With so many carpal bones that don't tightly interlock with the adjacent bones, the ligaments of this joint can be easily stretched and even torn when torque (twisting) is applied to the leg. The dewclaws have the important function of reducing the torque that is applied to the front legs, especially when dogs are turning at a canter (the main gait used in agility).



*Figure 2 The elbow bones have ridges that slide into interlocking grooves.*

In the canter, there is a moment during each stride when the dog's accessory carpal pad (on the back of the carpus) of the lead front leg touches the ground and the rear legs and other front leg swing forward to prepare for the next stride. At this point, the dewclaw is in contact with the ground and if the dog turns, the dewclaw can dig in for extra traction to prevent unnecessary torque on the front leg. Without the gripping action of the dog's 'thumbs' there is more stress on the ligaments of the carpus. This may cause the ligaments to stretch and tear over time, resulting in joint laxity and ultimately, arthritis.

There are many more options for treating dogs with arthritis today than there were just a few years ago. Here are some of them.

**1) Weight reduction.** The more weight your dog carries around, the more stress there will be on the joints. This is a particular problem in dogs with carpal arthritis, because the front legs bear 65 per cent of the dog's weight.

**2) Massage.** This is an excellent way to prevent excess scar tissue from forming and to keep your dog's joints flexible. Make an appointment with a canine massage therapist and learn how to do massage that is targeted to your dog's carpi. You can do the massage while you watch television in the evenings. Afterward, gently flex and extend your dog's front legs two to three times to help promote flexibility.

**3) Acupuncture.** Acupuncture is often very helpful in relieving joint pain and slowing the progression of arthritis.

**4) Chiropractic adjustments.** Many dogs with painful joints will benefit from regular chiropractic adjustments because they are using their muscles unevenly to avoid pain on one side or the other.

**5) Joint-protective nutraceuticals.** There are many products on the market, and all are not created equal, so be sure to buy a product from a reputable company. For best results use a combination of glucosamine, chondroitin, methylsulfonylmethane (MSM) and cetylmyristolate (CM).

**6) Antioxidant and anti-inflammatory food and supplements.** Feed your dog natural antioxidant foods such as fresh vegetables and fruits that contain vitamin C. Supplement his diet with vitamins E and B and an appropriate combination of omega-6 and omega-3 fatty acids.

**7) Anti-inflammatory drugs.** Talk to your veterinarian about whether your dog should be taking anti-inflammatory drugs and if so, whether he should take them only when he is in pain or on a regular basis.

Because of common side effects such as gastric ulcers, I usually suggest that anti-inflammatory drugs be used only intermittently when the dog is having a painful bout. There may come a time however, when regular doses of anti-inflammatory drugs may be necessary to give your dog the quality of life he deserves.

**8) Moderate ongoing exercise.** Dogs with arthritis need enough exercise to keep their muscles strong so that they support the joints, but not so much that it causes excessive wear and tear on



the joints and the ligaments that support them. Moderation is the key. Dogs should get a moderate amount of balanced exercise each day, and avoid being weekend warriors. Avoid high-impact exercise as much as possible. For example, don't use stairs as a way to exercise your dog because of the impact on descending, and don't let him run over rough, uneven ground.

Have your dog jump full height only about 10 per cent of the time during training, and only on surfaces that are smooth and appropriately cushioning, such as thick grass or properly prepared dirt (arena) surfaces. Swimming is a great exercise for arthritic dogs.

Even if your dog doesn't currently suffer from arthritis, keep this article for later. If you should be lucky enough to have your canine companion in his senior years, these tips may make it possible for him to keep running and playing like a youngster.

## Cancer and Your Pet: Two Things to Avoid

By Dr Becker

I recently ran across an article about the link between nutrition and cancer in dogs and cats. According to PetfoodIndustry.com: "Despite significant advancements in companion animal cancer treatment over the last decade, the relationships between nutrition and veterinary cancer control and prevention remain in their infancy. Developing dietary strategies for reducing companion animal cancer incidence and mortality—overall and for specific cancers— will be an exciting and challenging endeavor that will take extensive research coordination using evidence-based designs." Since this article — though written by a professor at the Animal Cancer Center at Colorado State University – was published in a trade journal for the pet food industry, I think we can assume there will be pet food companies heavily involved in developing dietary strategies to address the growing problem of cancer in pets. And I doubt very seriously those pet food manufacturers will develop strategies that encourage pet owners to feed real, whole, fresh food and not the processed stuff they sell. Expect to see "cancer prevention" processed pet diets coming soon to a store and/or veterinary office near you. It's just a matter of time.

## Obesity Increases Cancer Risk

The PetfoodIndustry.com article also points out that, "Caloric restriction has demonstrated the most consistent delay in the progression and prevention of tumor development across species." Fewer calories, it has been shown, cause the cells of the body to block tumor growth. Too many calories, on the other hand, lead to obesity – and obesity is strongly linked to increased cancer risk in humans. There is a connection between too much glucose, increased insulin sensitivity, inflammation and oxidative stress – all factors in obesity – and cancer. And while there's been no direct link made yet to obesity and cancer in dogs and cats, it is assumed a link exists. So in addition to the clearly established connections between obesity and other health problems like diabetes, arthritis, high blood pressure, kidney disease, reduced quality of life and shortened lifespan, there is also increased risk that an overweight pet will develop cancer.

And what is the biggest health problem for pets today? Overweight and obesity. Certainly the increase in cancer rates among dogs and cats is in part attributable to the obesity epidemic. Overfeeding your pet is not a loving thing to do. Food is no substitute for quality time spent with your dog or cat. And keep in mind that fat doesn't just sit on your pet's body harmlessly. It produces inflammation that can promote tumor development. In order to be the best guardian you can be for your pet, you must insure she stays at a healthy weight. Parents of too-heavy and obese pets need to understand the tremendous harm they are doing to their companion animal's health and quality of life ... before it's too late.

**Inflammation Leads to Cancer** Anything that creates or promotes inflammation in the body increases the risk for serious diseases, including cancer. Recent research points to cancer as a chronic inflammatory disease. Inflammation kills the cells of the body. It also surrounds cells with toxic inflammatory by-products that inhibit the flow of oxygen, nutrients and waste products between cells and blood. This creates an environment in which abnormal cells proliferate. Preventing inflammation is crucial to the prevention of cancer.

One major contributor to inflammatory conditions is a diet too high in omega-6 fatty acids and too low in omega-3s. Omega-6s increase inflammation, cell proliferation and blood clotting, while the omega-3s do the reverse. Unfortunately, the typical processed western diet – for both humans and their pets – is loaded down with omega-6 fatty acids and deficient in omega-3s.

## Nutrition for Cancer Prevention

The best diet for cancer prevention is a diet that provides the nutritional components required to maintain healthy cells and repair unhealthy ones.

Cancer cells need the glucose in carbohydrates to grow and proliferate. If you limit or eliminate that energy source, you do the same with the cancer's growth. That's one of the reasons I always discourage feeding diets high in carbohydrates. Carbs are pro-inflammatory nutrients that also feed cancer cells. Carbs you want to keep out of your pet's diet include processed grains, fruits with fructose, and starchy veggies like potatoes. All dry pet food contains some form of starch (it's not possible to create kibble without it), which is one of the reasons I'm not a fan of dry pet food.

Cancer cells generally can't use dietary fats for energy, so appropriate amounts of good quality fats are nutritionally healthy for dogs and cats. A healthy, species-appropriate diet for dogs and cats – one that is anti-inflammatory and anti-cancer consists of real, whole foods, preferably served raw. It looks something like this:

- High in high-quality protein, including muscle meat, organs and bone (protein should make up 75 percent of a healthy dog's diet, and 88 percent of a cat's diet)
- A few beneficial additions like probiotics, digestive enzymes and super green foods
- Moderate levels of animal fat
- A vitamin/mineral supplement High levels of EPA and DHA (omega-3 fatty acids) High moisture content
- A few fresh cut veggies and a bit of fruit, pureed
- No grains; no starches

## Immune System Support for Cancer Prevention

The health of your pet's immune system is vital to her ability to defend against disease. Balanced, species-appropriate nutrition is the foundation for a healthy immune system. You can also help keep your dog's or cat's immune system balanced and resilient by:

- Insuring regular and adequate exercise
- Brushing your pet's teeth every day or several times a week
- Eliminating exposure to chemical toxins, including
- Tobacco smoke
- Reducing the number of unnecessary vaccines
- Taking a proactive approach to your pet's health with regular at-home wellness exams and twice yearly wellness visits to your vet to insure your dog's or cat's organs are functioning well and he's not harboring any silent infections or other illness

## Health Testing - The CHIC Program

By Karen Tria, HPCA Health Committee Chair

September 2015 will mark our second year anniversary of participation in the Canine Health Information Center (CHIC). CHIC, sponsored by the OFA, maintains a database of health test results and DNA samples, with the goal being to lower the incidence of hereditary disease. This is only the start in seeing what problems our breed may carry and will take many more dogs being tested before any conclusions can be drawn. The HPCA chose the following Pumi specific requirements :

**Hip Dysplasia** - This is an abnormal formation of the hip socket that may lead to lameness and arthritis in the joints. Although mating dogs with passable hip scores gives the best chances of producing puppies with passable hip scores, a better indication is given by reviewing the hip scores of many relatives within the family. Whether or not you plan to breed, hip x-rays should be taken. To date, 88 dogs have been x-rayed with scores of 12 Excellent, 64 Good, 8 Fair, 3 Mild, and 1 Moderate.

**Patellar Luxation** - This is where the kneecap (stifle joint in the rear legs) pops out of place to varying degrees. Request your vet perform this simple exam as it takes no anesthesia and only a few minutes for them to do the manipulation. This is highly recommended for any dog doing any type of athletic event, especially agility. To date, 36 dogs have been examined with all being classified as normal.

**Primary Lens Luxation (PLL)** - PLL is an inheritable condition in which the lens of the eye slips out of its normal position resulting in blindness. A DNA test, using a simple cheek swab, can determine the status. To date, 59 dogs have been DNA tested with 46 normal/clear, 9 carriers, and 4 who wished not to disclose the results.

**Degenerative Myelopathy (DM)** - This is closely related to ALS, or Lou Gerig's disease in humans, where there is progressive deterioration of the spinal cord. A DNA test, using a simple cheek swab, can determine the status. To date, 64 dogs have been DNA tested with 51 normal/clear, 9 carriers, and 4 who wished not to disclose the results.

In addition, the following optional tests were highly recommended by the HPCA:

**Eye Exams** - Registration of eye exams are only viable for one year. Six dogs, all normal, have been tested in the last year.

**Elbow dysplasia** - This is an abnormal formation of the elbow joint that may lead to lameness and arthritis. To date, 37 dogs have been x-rayed with all being normal.

**DNA repository** - It's imperative we get as many blood samples as possible for DNA coding. Through these samples, it was found that some Pumi carry the gene for DM. This will be most helpful in the future should we discover our dogs carrying another inheritable disease. To date, 55 dogs have their DNA in the repository.

## Pumik Qualifying for a CHIC Number Sept 15, 2015

In order to qualify for a CHIC number, the 4 HPCA required health tests (Hip Dysplasia, Patellar Luxation, Primary Lens Luxation, and Degenerative Myelopathy) must be completed with results released into the public domain of the OFA. The dog must also have a permanent identification, such as a tattoo or microchip. **The CHIC number does not imply normal test results, only that all tests were performed.**

Pumi	Owner
Abiqua Gabi	Tom Levy Chris Levy
Abiqua Gizella	Tom Levy Chris Levy Tom Botkin Nora Kirschner
Abiqua Herceg	Karen Tria
Abiqua Heves	Tom Levy Chris Levy
Abiqua Iharos	Tom Levy Chris Levy
BlueridgeVistaAproka	Nancy Ben-Dror Meir Ben-Dror
Blueridge Vista Bogancs	Nancy Ben-Dror Meir Ben-Dror
Bohemia Vivace Ash	Nancy Ben-Dror Meir Ben-Dror
Cseri-Subas Amal	Tom Levy Chris Levy
Cseri-Subas Edes	Nancy Ben-Dror Meir Ben-Dror
Cuidado Ultimate Urak	Kay Rackley
Cuidado Upbeat Ugro	Nancy Ben-Dror Meir Ben-Dror
Galla-Hegyí Gomboc	Tom Levy Chris Levy
Galla-Hegyí Nyiko	Tom Levy Chris Levy
Hegyvidek-Eke Himes	Debra Thornton
Kemences Barita Almaspíte	Tammy Hall Karen Beattie-Massay
Kemences Barita Aranygaluska	Debra Thornton
Mariell de Marque Fabel Fylgia Barn	Tom Levy Chris Levy
Nyirsegfia Fuge	Tom Levy Chris Levy
Pattogo Parazs Buda	Nancy Ben-Dror Meir Ben-Dror
Pilisi-Kocos Jeles	Tom Levy Chris Levy
Vidam Kertész Gyongy	Tom Levy Chris Levy



## Zsa Zsa Update

Ohhhh! I am so excited about Pumifest! It is so much fun to see everyone! Dad will be there, some of my siblings and lots and lots of friends. I have been once before when I was still a puppy and it was FABULOUS. Lila is coming too, it will be her first. She is so silly she thinks that there will be games with prizes. I guess there are, sort of, there will be agility games that she is too young for, but I plan to rock the course and earn my novice standard title for Mom. Rally – which is obedience with directions; Mom entered us both in that, it will be our first time ever! Obedience, which Mom said I have to do (POOH!). The regular confirmation dog show, which I love because I am beautiful. And finally there is that thing with LIVESTOCK; Herding – tried it once, got my paws dirty and said NO. I am an NYC, Park Avenue girl. Mom is delusional that I am going near those smelly things again, but she entered me anyway!

There are new events to try Pumifest. Everyone should try the Conformation show, even if you have never tried it before! Everyone helps everyone else look their best with grooming tips (I prefer to think of it as spa ideas) and then you strut your stuff. I love getting ribbons and if I do really well I might get a trophy. I have heard that they are really special this year so I WANT ONE!! We divas are all about our bling.

Mom says it is also a good chance to see and do other things. Take the LIVESTOCK thingy, you can sign up for a herding instinct test, no advance study is needed (I love these kinds of tests!) and if you like the silly, smelly things you get a prize! You need to pass the silly test twice so you have to enter with the PULI cousins as well who will also be there. It's all on Sunday!

OHHH, I forgot all about the seminars. You can learn more about agility – or just try it! It is so fun. There is a grooming seminar, I, of course, plan to attend that so I am up on the latest styles. There are seminars on walking around at a dog show...why the humans call this handling I just don't know. Seminars to help our humans learn about our health and lots of other things. I am not much of a student so I have been known to catch a quick nap during the more boring of these.

Now just so you don't think this is all about me, the humans have a blast too. Just like we get to meet our friends, they do too. There is usually great food (some usually falls on the floor, so I know), lots of talking (what humans talk about is silly) and a great time.

Then the "piece de resistance" and my favorite part!!! The Auction!! SHOPPING!!! Humans donate items and then they try to outdo each other to buy them. From what I understand things get serious. If you have anything you would like to donate – especially if I would like it or it is BLING, which I always like, please let the Pumifest humans know.

Got to run...I've to get packing....I need all my bling, my show lead (don't worry – I will bring my extras if you forget yours!), my agility collar and of course my fashions for daily wear!! Ohhh, I hope everything is clean.....

See you there!!

## Every Puppy Needs a Puppy Class

By Ginny Hayes

Taking part in society takes socialization skills. New puppies have to contend with losing their mother and siblings while dealing with strange people, dogs, animals, noises, places and a brand-new language. Anyone can see how these changes could be formidable for any 8-week-old baby. Fortunately, puppies are like sponges. If presented with something new in a positive light, they are more than willing to accept the challenge.

A puppy class will give your puppy the self-confidence and tools she (or he) needs to deal with the unknown and become all he dog he or she can be. If this is your first puppy or your 10th, a performance dog, or your best friend on the couch, a puppy class is ideal for the new puppy.

**What age should a puppy begin a puppy class?** The sooner the better. Studies show that puppies are the most accepting of new experiences from 3 to 12 weeks. A good breeder exposes your puppy to new people and new experiences, but it's up to you to continue the socialization process. Every week your puppy's capacity to accept new experiences and ideas shrinks a bit. Of course, you can socialize a year-old rescue dog, but that will never be as easy as working with an 8-week-old puppy.

**What sort of puppy class should I choose for my puppy?** Do not confuse a puppy "play date" with a puppy class. If you find your class is nothing but puppies romping about together, your puppy is only learning that puppies are fun and you, you poor human, not so much. A puppy class should include puppies around the same age with between three and eight students in an easy-to-clean, quiet environment. The class should be force free with positive reinforcement.

**What should I expect to take away from my puppy class?** Whether you attend an obedience or agility puppy class, you should be learning the same basics. Your puppy is learning something every day from you. The one thing you do not want him (or her) to learn is how to train you. You must learn to be the leader of your pack by being very consistent with your rules. Puppies do best when rules are presented in a black-and-white scenario. Gray areas simply confuse them.

Your instructor should help you learn how to teach your puppy in a positive manner so that you will be able to teach the rules and activities that will be important to you and your puppy in the future. Your new puppy should start showing a willingness to try new things, meet new dogs and people, and experience new environments because you have been showing her (or him) in class that "new" is good and fun. Your puppy should learn that getting it wrong is just another way to learn what is right.

Your puppy should come away confident in his (or her) abilities because you have praised him for every small victory. You should have learned how to play with him in ways that keep him engaged, making him think that for a big human, you sure can tug like a puppy. He should have learned to focus on you, not because you insist, but because you are his best friend and all good things come from you.

## Pumi Exercise Guidelines

By Karen Beattie Massey

As a trainer I often get asked what types of exercise are appropriate for puppies and dogs at their various life stages. Here are guidelines I've developed based on the current research on dog physiology. Puppies under 6 months don't need to be limited in play with other similar sized puppies as long as they can opt out when tired. Directed play with humans, such as Frisbee or ball and play with older dogs should be limited to short intervals.

Age	Agility Skills, e.g., Jumping, Weaving, Contacts	Strength, e.g., Retrieving up hill, Core Muscle Exercises like "begging"	Body Awareness, e.g., Backing Up, Walking thru ladder, pivoting	Endurance, e.g., walking briskly/trotting 20 + minutes daily, jogging, etc.
<b>Under 6 Months</b>	None, avoid too much bending; wings, cones or speed bumps can be used instead of jumps	None, keep walking mostly on the flat	Keep the duration short and make it fun	Limit leash walking or directed hiking for pups under 6 months – a reasonable rule of thumb is 5 minutes per month of age daily
<b>6 – 12 months</b>	Contact training can begin; jumps can be increased gradually from wrist to elbow height; bend work can begin gradually at low heights	Can gradually start up to 3 x weekly	Unlimited	More regular walking for longer periods is okay at this stage but no jogging
<b>12 – 18 months</b>	Weaves can be started around 12 months; full height jumping can begin once growth plates have closed (usually around 14 months)	Can be increased to daily	Unlimited	After growth plates have closed around 14 months dogs can gradually work up to their adult endurance activity level; continuous swimming and water retrieve could be started now
<b>Beyond 18 months</b>	Can be daily with limited repetitions	Can be daily	Unlimited	Limit intense endurance training, e.g., running several miles, to every other day.



## Owner Handlers: Why Do We Go to Nationals?

By Rhoda Springer

(Reprinted with permission of the author and Best in Show Daily)

When talking to regular (i.e. not dog show) people, I always have a difficult time relaying just how big our National Specialty is. I've tried sports analogies like the US Open (golf or tennis, take your pick); or, the Olympics (but every year). That is usually met with a polite smile. I have tried entertainment – the Oscars for instance, but you don't have to go through a nomination process. I get another set of polite smiles.



The truth is, you have to be in the sport of dog showing to really understand the enormity of each parent clubs' national specialty. It is something that exists in the bones, a deep seeded excitement that usually involves asking for those vacation days a year in advance and looking down at new puppies and wondering which ones you will be taking.

But let's face it, for the owner handler, the national is a daunting prospect. And if you are competing in Best of Breed with a dog that you have gotten ranked, it can be terribly frustrating. A whole year is distilled down to a single day's competition during a weeklong marathon with the opinion of a single judge (in most cases). And all the 'big dogs' from all over the country are there – with their professional handlers. So why do we do it to ourselves?

### All Our Friends Will Be There

Almost everyone will be there. Old friends, new Facebook friends, friends you only get to see once a year at this thing, and friends you are really glad you only see once a year at this thing. There will also be some absolute strangers and a few people you would be quite happy to never see again. But, they will all understand and share your insane passion for the sport and your chosen breed. There will be no need to explain why you are taking at least a week's worth of vacation for a dog show to these people. They will get it. They may have even driven across the country staying in cheap motels (that accept dogs) along the way to get to the event.

And when we are all united in our insanity, we are a mighty force to contend with. In my breed and in my area, most regular dog show weekends put me in the minority as an Owner Handler. At the National though, we are in much greater numbers. It has been my experience that most judges will look at the dogs more when we are in the majority and at our Nationals, they usually have more time per dog. I call that a plus.

## You Can Go Wild with Fashion

I know there are some of you that shop for the National all year long. For this one event, we scour the clearance racks for 'breed themed apparel.' Sure, that's not something they probably cover in a fashion merchandising class, but if they knew us, they probably would.

Since my breed is Rhodesian Ridgebacks, anything safari or African themed is sought out. So if it is zebra, leopard, or giraffe printed, or has a lion, elephant, rhino, giraffe, ibex or any other African animal on it, it is snapped up like a half priced Kate Spade bag. We will wear that leopard printed sequin studded suit with our dangly, lion headed earrings (with the rhinestone eyes) along with our giraffe printed bracelet with pride! Sure, if we wore that in to work one day it would be met with some pointing and snickering; but here at the National, it's like we just stepped off a Paris runway.



## You Get to See (and Be Seen)

For many of us, this is the heart of the thing. It is not just a chance to connect with our fellow breed enthusiasts, but to see what they are doing in their breeding programs. You will be able to have those side discussions that won't be on Facebook or on blogs and stand around evaluating what they have in their ex-pens. And as always, you get to shop for the elusive 'perfect stud dog.' I'm pretty sure that last one's a unicorn, but if it does exist, your chances of actually seeing one should improve at a National.

As a breeder, and an owner-handler, I find it very beneficial to see these dogs from other parts of the country. Most of us slog away in our backyards, and we can lose perspective on what the judges are seeing – since those judges are usually moving around the country every weekend. Perhaps your entry lacks bone or has a completely different look than the majority of the country. So when you walk into your neighborhood show, you are actually walking in as the odd man out but never realized it.

And you can watch other owner handlers. Some owner handlers (and professionals for that matter) will catch your eye over and over again. What are they doing that makes that happen? Are their dogs simply superior? Is it something they are wearing? Is it a good thing that is making me look? If that handler is winning or placing in class after class, maybe you should be adding their skill sets to your own.

And you will be seen. Make it count! And consider ordering the DVD if your club does that. Video can be the single most helpful tool in reviewing and/or improving your handling skills. It can point out nervous ticks you have when you are showing. Everyone has them but are they detracting from your entry? You can see if you are swinging your arm wildly while gaiting or fussing too much during the stack. The camera is impartial and very informative!

## Because It's There

Famed English mountaineer, George Mallory, has been credited with saying that he wanted to climb Everest 'Because it's there.' There is some controversy about whether these were his actual words but the meaning is plain enough. And I think it also sums up why we all head to our Nationals every year – or at least, every year we are able. It is pretty much at the core of our being. You go because it's the Nationals.

My own National is set for the week of September 21 this year, and I really don't have any illusions that I will be coming home with a van jammed packed with trophies and big ribbons. This year's judge usually doesn't like my dogs. But so be it! I will still be there. Because there is always an opportunity to learn. So I vow this year to take at least one step outside my comfort zone and spend time with a fellow Ridgeback enthusiast that I don't know that well. I will see what they have to teach me (even if the lesson is to not do what they are doing!). I will try to make it as fun as possible for my 9 month old puppies who are my future (besides, they are blissfully removed from the drama that sometimes surrounds these events). And if I take home a single ribbon, I will be very happy.

No matter my chances, I will be present. Because that is who I am. It is more than winning (although winning a National is absolutely fantastic!). It is reconnecting to the core of my chosen breed for one week of the year and refueling my passion for the next 12 months. I go because it is there.

And I might see a unicorn . . .

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## HPCA Membership Information

Please check your membership information on the [member page](http://pumiclub.org/Members.htm) of the club web site (<http://pumiclub.org/Members.htm>) to make sure you are on the membership list and that all your Pumik are listed. If you have any additions or changes, please contact Chris Levy at [chris@abiquadogs.com](mailto:chris@abiquadogs.com).

## Pumifest Schedule

	Activity	Entry
<b>Thursday, October 15</b>		
8:00 AM	Agility Trial (AM)	Runs: 41 Pumik, 39 Pulik
Noon	Lunch	
1:00 PM	Agility Trial (PM)	Runs: 38 Pumik, 40 Pulik
6:00 PM	Welcome Party (with Puli club)	
7:30 PM	Dinner (no host) in Wilmington	
<b>Friday, October 16</b>		
7:30 AM	Obedience Trial	14 Pumik, 10 Pulik
11:15 AM	Rally Trial	12 Pumik, 7 Pulik
Noon	Lunch	
12:00 PM	Judges Education	
1:45 PM	Concurrent Seminars Beginning Agility Intro to Herding	
2:45 PM	Break	
3:00 PM	Concurrent Seminars Novice Agility Intro to Herding Intro to Nose Work	
3:00 PM	DNA Blood Draw (3 hrs)	30
4:00 PM	Break	
4:15 PM	Concurrent Seminars Novice Agility Intro to Nose Work	
5:15 PM	Break	
5:30 PM	Health Update	
6:00 PM	Pumi Coat Care	
7:00 PM	Puli speaker on sports medicine	
7:00 PM	Chill out dinner	
<b>Saturday, October 17</b>		
7:30 AM	Obedience Trial	14 Pumik, 10 Pulik
11:15 AM	Rally Trial	12 Pumik, 9 Pulik
Noon	Lunch	
1:00 PM	Handling Tips	
1:00 PM	Grooming help	
2:00 PM	Sweepstakes	7 Dogs – 9 Bitches
2:45 PM	Junior Handling Regular Classes	2 17-14-1VD-1HTB-2VB (5-7) 2SD-4BB
	Rescue & Veterans Parade	
6:30 PM	No host bar	
7:00 PM	Annual Banquet Annual Meeting Auction	60
<b>Sunday, October 18</b>		
7:45 AM	HPCA Test & Trial	
Noon	Lunch	
9:45 AM	PCA Test & Trial	

## Upcoming Open Shows

### West Friendship, MD

November 27

[Chesapeake Kennel Club of Maryland](#)

November 28

[Chesapeake Kennel Club of Maryland](#)

November 29

[Northeastern Maryland Kennel Club](#)

### Orlando, FL

December 11

[Kooikerhondje Club of the United States of America](#)

### Daly City, CA

January 31, 2016

[Golden Gate Kennel Club](#)



# Authorization - Use of Email

Please mail this form to  
Karen Tria, HPCA Secretary  
30 Ray St, Bridgewater, NJ 08807  
by **November 10, 2015**

The Hungarian Pumi Club of America, Inc. has adopted email communication as a method of notification for club meetings and other club notices which may include but are not limited to dues notices or reminders, judge selection, minutes, newsletters and surveys. This is to comply with AKC Club Relations Policy:

[http://www.akc.org/pdfs/clubs/club\\_policies/ALL\\_CLUB\\_EMAIL\\_NOTIFICATION\\_Policy-Jan\\_2006.pdf](http://www.akc.org/pdfs/clubs/club_policies/ALL_CLUB_EMAIL_NOTIFICATION_Policy-Jan_2006.pdf).

This will also apply to balloting/voting, should the club elect to follow the AKC's rules on electronic balloting at [https://images.akc.org/pdf/clubs/club\\_policies/Electronic\\_Balloting.pdf](https://images.akc.org/pdf/clubs/club_policies/Electronic_Balloting.pdf).

Members must sign this authorization to receive email communication or to elect to receive only hard copy notifications via the US Postal Service. Such authorization is revocable. The Club is released from any liability should notifications be received late or not received by a member or board member due to circumstances beyond the Club's control.

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## Member's Authorization:

Name: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

\_\_\_\_ I will accept notifications by e-mail – please list e-mail above.

\_\_\_\_ I do not wish to receive notifications by e-mail. Please mail to the following address:

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## Second Household Member's Authorization:

Name: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

\_\_\_\_ I will accept notifications by e-mail – please list e-mail above.

\_\_\_\_ I do not wish to receive notifications by e-mail. Please mail to the following address:

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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For Committee Use Only  
Date Received: